



Active Living Coalition Community Walk 2009

**First 100 People To Walk the B-Line Trail
Receive a Free Pedometer**

Date:

Saturday, July 18, 2009

Schedule of Events:

Screenings* 8:00—9:00 a.m.

Walk & Health Fair 9:00 a.m. —Noon

Farmer's Market 8:00 a.m.—1:00 p.m.

1 Exercise Demo Every Hour

Starting at 9:15 a.m.

(Demos by Jazzercise and YMCA)

Location:

City Hall, Showers Plaza

Cost:

Free

***To register for FREE lipid/glucose screenings
contact Mindy Mayes at 812-353-5649 or
mmayes@bloomingtonhospital.org
These screenings require a 12-hour fast.**